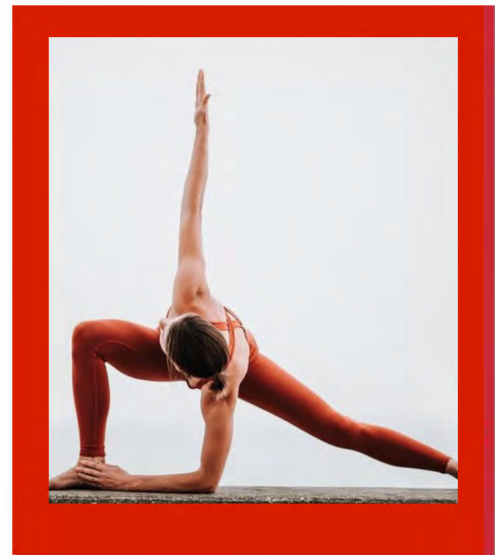


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With Annelise Brody



Hatha Yoga and Eldoa

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(Instructor is a 200 YTT certified and Eldoa 1&2 certified)

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Time: 9:00-10:00 AM

Level : All levels

Location: Bethesda/hybrid The ICS Headquarters
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